EASY RECIPE FOR FAMILY FUN.

Tangy Jicama Slaw

Serving size: ½ cup Cost per serving: \$0.64 Makes 6 servings Prep time: 10 minutes

Ingredients:

2 cups peeled and chopped jicama 1 11 oz can mandarin oranges in light syrup Juice of one lime (1-2 tablespoons) Salt to taste Cilantro (optional)

Directions:

- 1. Cut the jicama in half so you have a flat side for stability.
- 2. Peel the jicama using a small sharp knife.
- 3. Cut the jicama in small strips or grate it using a large hand grater.
- 4. Stir all ingredients together in a bowl and enjoy.



Turn up the heat...

Jicama is a new food for many families. It has a very mild flavor and tastes like a cross between a potato and an apple.

Add minced jalapenos, hot sauce or chopped green onions to this slaw to add a little kick. Jicama is also tasty dipped in salsa or hummus.

Nutrition Information

Calories: 67 Fat: 0.5 grams

Cholesterol: 0 milligrams Sodium: 73 milligrams

Fiber: 6.3 grams Sugar: 10 grams



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